



IMAGE FROM LOAVES AND FISHES

UC Health Advanced Practice News

March, 2018

IN THIS ISSUE

New street sheet connects homeless with resources

UCD nurses make a difference!

Recent news has been flooded with stories of patient dumping. In Sacramento alone, we have nearly 4,000 people living without permanent shelter. This represents an increase of 30% when compared to the last census of homeless people in 2015.

Mental health problems often compound the problem and create a cycle of readmission and under-treatment of illness. UCD nurses Samantha Streepy, Catherine McCann, Gaby Refunjol, & Monica Riley are making a difference by connecting health care providers and patients with local community resources. The "street sheet" is a directory tool that provides information on a range of resources including temporary shelters, job resources, emergency help hotlines, hot meals, mental health and more. Their project focused on updating the tool to increase ease of use.

Project objectives included reorganizing and updating the "Street Sheet" currently in use at the hospital, conducting interviews of healthcare providers and patients, and performing a *literature review* to determine the special needs of this patient population.

Results that impact care

Thirty percent of patients who are homeless are readmitted within 30 days of discharge. Multiple studies confirmed the barriers to caring for homeless patients including lack of trust in healthcare providers, substance abuse and mental illness, poor continuity of care and no access to transportation or permanent shelter. As expected, better social support systems and out-patient care was associated with more favorable outcome.

Half of the UCD healthcare providers surveyed were not aware a "street sheet" existed and the vast majority said they would use it if it was available.

Updated "street sheet"

Over a 5 month period, the street sheet underwent a face lift to include a well labeled downtown map of resources, a better organized description of each resource with contact information and a pamphlet version for patient use. To learn more or access this resource, click the link below:

<http://www.ucdmc.ucdavis.edu/news/images/pdf/Sacramento%20Resource%20Guide.pdf>



Dr. Lori Madden to speak for April APP Grand Rounds

If you have ever considered conducting your own clinical research but just weren't sure how to get started, this is the lecture for you!

Tuesday April 3rd, From 12-1 PM

Cancer Center Auditorium. Lunch and continuing medical education credit will be provided. Register today!

<https://www.eventbrite.com/e/advanced-practice-grand-rounds-tickets-43899274913?aff=erelxpm>

UCD wound care team publishes second article on practical wound care guidelines

The wound care team at UCD has made tremendous strides in publishing original research and providing practical wound management tips to lay audiences. Their most recent work features UCD authors Holly Kirkland-Kyhn, PhD, FNP-BC, GNP-BC, Stephanie Anne Generao, MSN, NP, Oleg Teleten, MS, RN, CWCN, and Heather M. Young, PhD, RN, FAAN. This is second installment in a series of articles that focuses on teaching basic wound management techniques paired with video instruction to improve retention.

The article reviews key concepts including dressing choice, care and management of surgical incisions, bathing recommendations and diabetic foot ulcers. The article is part of a series: Supporting family caregivers: No longer home alone that was published in collaboration with AARP. In today's climate, our patients are often discharged from the hospital while they still require complex wound care.

This series of articles focuses on ensuring that home caregivers have the tools they need to be successful in caring for a family member at home. Links to the educational videos can be found at:

<http://links.lww.com/AJN/A107>

General Principles of Wound Care

<http://links.lww.com/AJN/A105>

Caring for Lower Extremity Wounds and Cellulitis

<http://links.lww.com/AJN/A106>



Dr. Holly Kirkland-Kyhn instructs a family on diabetic foot ulcer care.

Nursing school dean steps down

From press release by Rebecca Badeaux, dated March 15th 2018



Heather Young, Dean of school of nursing, announced on March 15th, 2018 that she will be stepping down as the founding dean of the Betty Irene Moore School of Nursing. Young plans to leave office in July and return after a sabbatical to contribute to the School of Nursing in a new way — championing research that aligns with her interests in family caregiving and healthy aging for older adults. UC Davis Provost Ralph Hexter will name an interim dean to serve upon Young's departure and anticipates launching a national search in consultation with the new vice chancellor for human health sciences.

"My heart is full of gratitude for the belief that the leaders at UC Davis and the Gordon and Betty Moore Foundation placed in me 10 years ago. I came here for the opportunity of a lifetime — to launch the Betty Irene Moore School of Nursing. It has been the most exciting and exhilarating experience of my life. I feel so grateful to our entire team and our many colleagues and supporters who share my vision for what health care should be," Young said. "What we have built, together, is larger than and transcends any one person. I am confident that my successor will take this foundation and continue to elevate our programs to the next level and actualize our full impact."

Young joined UC Davis in 2008, after the Gordon and Betty Moore Foundation announced its \$100 million commitment to launch a nursing school on the UC Davis Sacramento campus. Over the past decade, Young led the establishment of the school itself and its five graduate-degree programs, cultivated a faculty numbering more than 28, launched a research program with more than \$12 million in funding, oversaw the design and construction of the 70,000-square-foot Betty Irene Moore Hall and celebrated a ranking among the top 100 of all master's-degree nursing programs in the country the first year it was eligible for consideration. She has also served as UC Davis Associate Vice Chancellor for Nursing since 2008. She is one of the first School of Nursing deans in the nation to serve in a leadership role within the academic health system. To read the full press release, please click the link below:

<http://www.ucdmc.ucdavis.edu/publish/news/nursing/12740>